GOVERNMENT OF THE DISTRICT OF COLUMBIA Department of Health Care Finance



Office of the Senior Deputy Director and Medicaid Director

Transmittal 24-08

TO: DC Medicaid Providers

FROM: Melisa Byrd 11.8.

Senior Deputy Director and Medicaid Director

DATE: January 31, 2024

SUBJECT: Reimbursement Rate Changes for Behavioral Health Services Effective

February 1, 2024.

Purpose

The purpose of this transmittal is to notify DC Medicaid Providers, including Mental Health Rehabilitative Services (MHRS), Adult Substance Use Rehabilitative Services (ASURS), and Free-Standing Mental Health Clinic (FSMHC) providers, that the District of Columbia Medicaid Fee Schedule will be updated for the services listed herein.

Additionally, this transmittal notifies all DC Medicaid providers that the Fee Schedule will be updated to add codes for a new service: Attachment and Biobehavioral Catchup (ABC). ABC will be added as a preventive service under the Medicaid State Plan, upon the approval of a State Plan Amendment by the Centers for Medicare and Medicaid Services (CMS). The changes outlined in this transmittal are **effective February 1, 2024.**

Details

The reimbursement methodology changes, new service, and rate updates outlined in this transmittal are the result of the behavioral health rate study between the Department of Behavioral Health (DBH) and the Department of Health Care Finance (DHCF). As a part of this work, DBH and DHCF have decided to add ABC as a new preventive service covered under the Medicaid state plan; update the reimbursement methodology for the existing Psychosocial Rehabilitation ("Clubhouse") Service, Rehabilitation Day Services, and Methadone services delivered in Opioid Treatment Programs; and update rates of other select MHRS, ASURS, and FSMHC services.

Reimbursement Methodology Changes

Clubhouse, Rehabilitation Day, and Methadone in Opioid Treatment Programs will have new reimbursement units, effective February 1, 2024. The services will be reimbursed as follows:

- <u>Psychosocial Rehabilitation ("Clubhouse") Service:</u> now reimbursed using a **fifteen (15) minute unit.** A maximum of twenty-four (24) units may be billed in a day.
- Rehabilitation Day Service: now reimbursed using a **one** (1) **hour unit.** A maximum of six (6) units may be billed in a day.
- <u>Methadone Service in Opioid Treatment Programs:</u> now reimbursed using a **per-service unit.** The unit is inclusive of the cost of the medication and medication administration.

DHCF is also promulgating rules that update and outline additional reimbursement requirements in Chapters 52 and 91, Title 29 of the District of Columbia Municipal Regulations (DCMR).

New Service: Attachment and Biobehavioral Catchup

ABC will be added as a preventive services benefit in the District's Medicaid State Plan. The service is for parents and caregivers of infants and youth between the ages of six (6) months and two (2) years who have experienced early maltreatment or disruptions in care. The service is provided by Parent Coaches, as defined in the Medicaid State Plan, and aims to improve attachment between the parent/caregiver and child. ABC generally consists of one (1) hour sessions once a week for ten (10) weeks. Further information on the service and reimbursement requirements will be established in forthcoming rulemaking at Section 942 of Chapter 9, Title 29 DCMR.

Reimbursement Rates

In accordance with requirements set forth in Section 9104 of Chapter 91 and Section 988 of Chapter 9 of Title 29 of DCMR, DHCF announces the Medicaid reimbursement rates for the services listed in the tables below. The tables provide a listing of the procedure codes, modifiers, and new rates for services.

Additionally, effective February 1, 2024, DHCF will sunset the HCPCS codes for MHRS, ASURS, and FSMHC "Counseling/Therapy" services, and transition to the use of CPT codes, as described in the tables below. Historically, DHCF has used H0004 with different modifiers to reimburse MHRS and ASURS providers for Counseling/Therapy services. DHCF has decided to transition to the use of CPT codes to streamline billing practices for providers by aligning Counseling/Therapy service codes and rates across MHRS, ASURS, and FSMHC provider types. ¹

The procedure codes and their rates covered under this transmittal are listed in the following tables. The Medicaid fee schedule for these services is located on the DHCF website at https://www.dc-medicaid/com/dcwebportal/nonsecure/feeScheduleInquiry.

¹ Note that evidence-based therapy modalities covered by DHCF will continue to be billed using already established HCPCS or CPT codes. These modalities include Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Child-Parent Psychotherapy (CPP), Motivational Enhancement and Cognitive Behavioral Therapy (MET-CBT), Trauma Recovery and Empowerment Services (TRES), and Trauma Systems Therapy (TST). Each modality has its own unique rate model, and shall continue to be reimbursed using codes established here: Transmittal #23-53(rev); Transmittal #23-44.

Sunsetting Procedure Code Listing: MHRS

Service Description	Proc Code	Modifier
Counseling Group	H0004	HQ
Counseling Group	H0004	GT, HQ
Counseling On-site Individual	H0004	
Counseling On-site Individual	H0004	GT
Counseling On-site Family without Consumer	H0004	HS
Counseling On-site Family without Consumer	H0004	GT, HS
Counseling On-site Family with Consumer	H0004	HR
Counseling Off-site Individual	H0004	HE, TN

Sunsetting Procedure Code Listing: MHRS for Deaf and Hard of Hearing

Service Description	Proc Code	Modifier
Counseling Group	H0004	HK HQ
Counseling on-site Individual	H0004	HK
Counseling on-site Family without Consumer	H0004	HK HS
Counseling on-site Family with Consumer	H0004	HK, HR

Sunsetting Procedure Code Listing: ASURS

Service Description	Proc Code	Modifier
Counseling, Group	H0005	
Counseling Group	H0005	GT
Counseling, Group, Psycho-educational	H2027	HQ
Counseling, Group, Psycho-educational	H2027	GT HQ
Counseling, Group, Psycho-educational (HIV)	H2027	HF HQ
Counseling, Individual, On-site, Behavioral Health Therapy	H0004	HF
Counseling, Individual, Off-site	H0004	HF, TN
Counseling, Family with Client	H0004	HF, HR
Counseling, Family without Client	H0004	HF, HS

Sunsetting Procedure Code Listing: ASURS for Deaf and Hard of Hearing

Service Description	Proc Code	Modifier
Counseling, Group	H0005	HK
Counseling, Group, Psycho-educational	H2027	HK HQ
Counseling, Individual, On-site, Behavioral Health Therapy	H0004	HF, HK
Counseling, Individual, Off-site	H0004	HF, HK, TN
Counseling, Family with Client	H0004	HF, HK, HR
Counseling, Family without Client	H0004	HF, HK, HS

Attachment and Biobehavioral Catchup

Service Description	Proc Code	Modifier	New Rate
Parenting classes, non-physician provider, per session	S9444	HS	\$ 108.76
Parenting classes, non-physician provider, per session	S9444	НА	\$ 108.76

Community-Based Intervention (CBI): MHRS

Service Description	Proc Code	Modifier	New Rate
Multisystemic therapy for juveniles, per 15 minutes	H2033		\$ 62.28
Community-based wrap-around services, per diem	H2022		\$ 59.95
Multisystemic therapy for juveniles, per 15 minutes	H2033	HU	\$ 52.77

Rehabilitation Day: MHRS

Service Description	Proc Code	Modifier	New Rate
Behavioral health prevention education service (delivery of services with target population to affect knowledge, attitude and/or behavior)	H0025		\$ 54.82

Clubhouse: MHRS

Service Description	Proc Code	Modifier	New Rate
MH Clubhouse Services per 15 min	H2030		\$ 11.90

Brief Screening Assessment: MHRS

Service Description	Proc Code	Modifier	New Rate
Assessment of emotional or behavioral problems	96127		\$ 11.96
Alcohol and/or substance abuse screening and intervention, 15-30 minutes	99408		\$ 55.01
Alcohol and/or substance abuse screening and intervention, more than 30 minutes	99409		\$ 95.67

Brief Screening Assessment: ASURS

Service Description	Proc Code	Modifier	New Rate
Assessment of emotional or behavioral problems	96127		\$ 11.96
Alcohol and/or substance abuse screening and intervention, 15-30 minutes	99408		\$ 55.01
Alcohol and/or substance abuse screening and intervention, more than 30 minutes	99409		\$ 95.67

Brief Screening Assessment: FSMHC

Service Description	Proc Code	Modifier	New Rate
Assessment of emotional or behavioral problems	96127		\$ 11.96
Alcohol and/or substance abuse screening and intervention, 15-30 minutes	99408		\$ 55.01
Alcohol and/or substance abuse screening and intervention, more than 30 minutes	99409		\$ 95.67

Counseling & Therapy Grouping: MHRS

Service Description	Proc Code	Modifier	New Rate
Family psychotherapy without patient, 50 minutes	90846		\$ 121.11
Family psychotherapy with patient, 50 minutes	90847		\$ 121.11
Psychoanalysis	90845		\$ 145.34
Preventive medicine counseling, typically 15 minutes	99401		\$ 36.33
Preventive medicine counseling, typically 30 minutes	99402		\$ 72.67
Preventive medicine counseling, typically 45 minutes	99403		\$ 109.01
Preventive medicine counseling, typically 1 hour	99404		\$ 145.34
Psychotherapy, 30 minutes	90832		\$ 72.67

Psychotherapy with evaluation and management visit, 30 minutes	90833	\$ 58.13
Psychotherapy, 45 minutes	90834	\$ 109.01
Psychotherapy with evaluation and management visit, 45 minutes	90836	\$ 87.20
Psychotherapy, 1 hour	90837	\$ 145.34
Psychotherapy with evaluation and management visit, 1 hour	90838	\$ 96.89
Psychotherapy for crisis, first hour	90839	\$ 145.34
Psytx crisis ea addl 30 min	90840	\$ 72.67
Multiple-family group psychotherapy	90849	\$ 36.33
Group psychotherapy	90853	\$ 36.33

Counseling & Therapy Grouping: ASURS

Service Description	Proc Code	Modifier	New Rate
Family psychotherapy without patient, 50 minutes	90846		\$ 121.11
Family psychotherapy with patient, 50 minutes	90847		\$ 121.11
Psychoanalysis	90845		\$ 145.34
Preventive medicine counseling, typically 15 minutes	99401		\$ 36.33
Preventive medicine counseling, typically 30 minutes	99402		\$ 72.67
Preventive medicine counseling, typically 45 minutes	99403		\$ 109.01
Preventive medicine counseling, typically 1 hour	99404		\$ 145.34
Psychotherapy, 30 minutes	90832		\$ 72.67
Psychotherapy with evaluation and management visit, 30 minutes	90833		\$ 58.13
Psychotherapy, 45 minutes	90834		\$ 109.01
Psychotherapy with evaluation and management visit, 45 minutes	90836		\$ 87.20
Psychotherapy, 1 hour	90837		\$ 145.34
Psychotherapy with evaluation and management visit, 1 hour	90838		\$ 96.89
Psychotherapy for crisis, first hour	90839		\$ 145.34
Psytx crisis ea addl 30 min	90840		\$ 72.67

Multiple-family group psychotherapy	90849	\$	36.33	
Group psychotherapy	90853	\$	36.33	

Counseling & Therapy Grouping: FSMHC

Service Description	Proc Code	Modifier	New Rate
Family psychotherapy without patient, 50 minutes	90846		\$ 121.11
Family psychotherapy with patient, 50 minutes	90847		\$ 121.11
Psychoanalysis	90845		\$ 145.34
Preventive medicine counseling, typically 15 minutes	99401		\$ 36.33
Preventive medicine counseling, typically 30 minutes	99402		\$ 72.67
Preventive medicine counseling, typically 45 minutes	99403		\$ 109.01
Preventive medicine counseling, typically 1 hour	99404		\$ 145.34
Psychotherapy, 30 minutes	90832		\$ 72.67
Psychotherapy with evaluation and management visit, 30 minutes	90833		\$ 58.13
Psychotherapy, 45 minutes	90834		\$ 109.01
Psychotherapy with evaluation and management visit, 45 minutes	90836		\$ 87.20
Psychotherapy, 1 hour	90837		\$ 145.34
Psychotherapy with evaluation and management visit, 1 hour	90838		\$ 96.89
Psychotherapy for crisis, first hour	90839		\$ 145.34
Psytx crisis ea addl 30 min	90840		\$ 72.67
Multiple-family group psychotherapy	90849		\$ 36.33
Group psychotherapy	90853		\$ 36.33

Methadone Clinic Services: ASURS

Service Description	Proc Code	Modifier	New Rate
Alcohol and/or drug services; methadone administration and/or service (provision of the drug by a licensed program)	H0020	HF	\$ 18.57

Alcohol and/or drug services; methadone administration and/or service (provision of the drug by a licensed program)	Н0020	TV	\$ 129.99
Alcohol and/or drug services; methadone administration and/or service (provision of the drug by a licensed program)	Н0020	UB	\$ 259.98
Alcohol and/or drug services; methadone administration and/or service (provision of the drug by a licensed program)	Н0020	TS	\$ 389.97
Alcohol and/or drug services; methadone administration and/or service (provision of the drug by a licensed program)	Н0020	HG	\$ 519.96

Community-Based Intervention (CBI): MHRS for Deaf and Hard of Hearing

Service Description	Proc Code	Modifier	New Rate
Multisystemic therapy for juveniles, per 15 minutes	H2033	НК	\$ 84.08
Community-based wrap-around services, per diem	H2022	HK	\$ 80.93
Multisystemic therapy for juveniles, per 15 minutes	H2033	HU-HK	\$ 71.24

Rehabilitation Day: MHRS for Deaf and Hard of Hearing

Service Description	Proc Code	Modifier	New Rate
Behavioral health prevention education service (delivery of services with target population to affect knowledge, attitude and/or behavior)	H0025	НК	\$ 74.01

Clubhouse: MHRS for Deaf and Hard of Hearing

Service Description	Proc Code	Modifier	New Rate
MH Clubhouse Services per 15 min	H2030	HK	\$ 16.07

Brief Screening Assessment: MHRS for Deaf and Hard of Hearing

Service Description	Proc Code	Modifier	New Rate	
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Assessment of emotional or behavioral problems	96127	НК	\$ 16.15
Alcohol and/or substance abuse screening and intervention, 15-30 minutes	99408	НК	\$ 74.26
Alcohol and/or substance abuse screening and intervention, more than 30 minutes	99409	НК	\$ 129.15

Brief Screening Assessment: ASURS Deaf and Hard of Hearing

Service Description	Proc Code	Modifier	New Rate
Assessment of emotional or behavioral problems	96127	НК	\$ 16.15
Alcohol and/or substance abuse screening and intervention, 15-30 minutes	99408	НК	\$ 74.26
Alcohol and/or substance abuse screening and intervention, more than 30 minutes	99409	НК	\$ 129.15

Counseling & Therapy Grouping: MHRS for Deaf and Hard of Hearing

Service Description	Proc Code	Modifier	New Rate
Family psychotherapy without patient, 50 minutes	90846	НК	\$ 163.50
Family psychotherapy with patient, 50 minutes	90847	НК	\$ 163.50
Psychoanalysis	90845	HK	\$ 196.21
Preventive medicine counseling, typically 15 minutes	99401	НК	\$ 49.05
Preventive medicine counseling, typically 30 minutes	99402	НК	\$ 98.10
Preventive medicine counseling, typically 45 minutes	99403	НК	\$ 147.16
Preventive medicine counseling, typically 1 hour	99404	НК	\$ 196.21
Psychotherapy, 30 minutes	90832	HK	\$ 98.10
Psychotherapy with evaluation and management visit, 30 minutes	90833	НК	\$ 78.48

Psychotherapy, 45 minutes	90834	HK	\$ 147.16
Psychotherapy with evaluation and management visit, 45 minutes	90836	НК	\$ 117.72
Psychotherapy, 1 hour	90837	HK	\$ 196.21
Psychotherapy with evaluation and management visit, 1 hour	90838	НК	\$ 130.80
Psychotherapy for crisis, first hour	90839	HK	\$ 196.21
Psytx crisis ea addl 30 min	90840	HK	\$ 98.10
Multiple-family group psychotherapy	90849	HK	\$ 49.05
Group psychotherapy	90853	HK	\$ 49.05

Counseling & Therapy Grouping: ASURS for Dear and Hard of Hearing

Service Description	Proc Code	Modifier	New Rate
Family psychotherapy without patient, 50 minutes	90846	НК	\$ 163.50
Family psychotherapy with patient, 50 minutes	90847	НК	\$ 163.50
Psychoanalysis	90845	HK	\$ 196.21
Preventive medicine counseling, typically 15 minutes	99401	НК	\$ 49.05
Preventive medicine counseling, typically 30 minutes	99402	НК	\$ 98.10
Preventive medicine counseling, typically 45 minutes	99403	НК	\$ 147.16
Preventive medicine counseling, typically 1 hour	99404	НК	\$ 196.21
Psychotherapy, 30 minutes	90832	HK	\$ 98.10
Psychotherapy with evaluation and management visit, 30 minutes	90833	НК	\$ 78.48
Psychotherapy, 45 minutes	90834	HK	\$ 147.16
Psychotherapy with evaluation and management visit, 45 minutes	90836	НК	\$ 117.72
Psychotherapy, 1 hour	90837	HK	\$ 196.21
Psychotherapy with evaluation and management visit, 1 hour	90838	НК	\$ 130.80
Psychotherapy for crisis, first hour	90839	HK	\$ 196.21
Psytx crisis ea addl 30 min	90840	HK	\$ 98.10
Multiple-family group psychotherapy	90849	HK	\$ 49.05
Group psychotherapy	90853	HK	\$ 49.05

Methadone Clinic Services: ASURS for Deaf and Hard of Hearing

Service Description	Proc Code	Modifier	New Rate
Alcohol and/or drug services; methadone administration and/or service (provision of the drug by a licensed program)	H0020	HF-HK	\$ 25.07
Alcohol and/or drug services; methadone administration and/or service (provision of the drug by a licensed program)	H0020	TV-HK	\$ 175.49
Alcohol and/or drug services; methadone administration and/or service (provision of the drug by a licensed program)	H0020	UB-HK	\$ 350.97
Alcohol and/or drug services; methadone administration and/or service (provision of the drug by a licensed program)	H0020	TS-HK	\$ 526.46
Alcohol and/or drug services; methadone administration and/or service (provision of the drug by a licensed program)	H0020	HG-HK	\$ 701.95

Transition Planning

Service Description	Proc Code	Modifier	New Rate
Other specified case management service not elsewhere classified	G9012		\$ 1,435.37

Transition Planning for Deaf and Hard of Hearing

Service Description	Proc Code	Modifier	New Rate
Other specified case management service not elsewhere classified	G9012	НК	\$ 1,937.75

Contact

If you have questions, please contact Dr. Amy Xing, DM, Reimbursement Analyst, Office of Rates Reimbursement and Financial Analysis, Department of Health Care Finance (DHCF) at amy.xing2@dc.gov or (202) 481-3375.

Cc: DC Behavioral Health Association

DC Coalition of Disability Service Providers

DC Health Care Association

DC Home Health Association

DC Hospital Association

DC Primary Care Association

Medical Society of the District of Columbia