


**GOVERNMENT OF THE DISTRICT OF COLUMBIA
Department of Health Care Finance**



Office of the Senior Deputy Director/Medicaid Director

Transmittal # 16-07

TO: DC Medicaid Dental Providers and EPSDT/HealthCheck Providers

FROM: Claudia Schlosberg, J.D. 
Senior Deputy Director and State Medicaid Director

DATE: February 16, 2016

SUBJECT: National Children's Dental Health Month, Dental Procedures and Billing Requirements

All District of Columbia children eligible for the Medicaid program are entitled to receive the Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) services benefit. EPSDT, also known as the DC HealthCheck, is a mandatory Medicaid benefit that includes preventive and specialty care, such as dental services. Preventive care rendered by EPSDT providers includes oral health assessments for all ages and fluoride varnish application for children under 3 during a well-child visit. Comprehensive oral exams, dental sealants, and dental cleanings are covered by Medicaid as well as any needed diagnostic or treatment services identified by dental providers.

In celebration of National Children's Dental Health Month, the purpose of this transmittal is to inform dental and EPSDT providers of the state of children's oral health in the District of Columbia, and of Medicaid-covered dental procedures administered in primary care and dental settings.

Dental Care for District Children – Current Statistics and Guidelines

According to the American Academy of Pediatrics and the Centers for Disease Control and Prevention, tooth decay is the single most common chronic childhood disease (5 times more common than asthma).¹

¹ U.S. Department of Health and Human Services. Oral Health in America: A Report of the Surgeon General. Rockville, MD: U.S. Department of Health and Human Services, National Institute of Dental and Craniofacial Research, National Institutes of Health, 2000.

More than 51 million school hours are lost each year to dental-related illness.² Childhood cavities are preventable and treatable with early preventive measures and early detection and treatment.³

In 2014, 53% of the District of Columbia's children under age 21 enrolled in DC Medicaid received a preventive service from a dentist – 20% received a treatment service. Only 21% of children between the ages of 6-14 received dental sealants on a permanent molar tooth. The American Academy of Pediatric Dentistry recommends that children visit a dentist at the time of the eruption of the first tooth, no later than 12 months of age, and then every 6 months thereafter. Applying dental sealants to the chewing surfaces of the back teeth is another way to prevent tooth decay. Studies show that dental sealants reduce decay in the permanent molars by 81% for 2 years after they are placed on the tooth and continue to be effective for 4 years after placement.⁴

Children's Oral Health Initiative

The District of Columbia is one of 5 states currently participating in the Centers for Medicare and Medicaid Services (CMS) Children's Oral Health Initiative Learning Collaborative. The DC Department of Health Care Finance (DHCF) is working with the health care provider community, Managed Care Organizations (MCOs), and the DC Department of Health (DOH) in an effort to improve the oral health of the District's children by increasing access to dental providers and improving dental utilization rates.

CMS has set two oral health goals for states to meet. It is the District's goal that 60% of children enrolled in DC Medicaid receive a preventive dental service, and 27% of children ages 6-9 receive dental sealants on permanent molars by 2018. In 2015, DHCF developed and submitted a State Oral Health Action Plan (SOHAP), which serves as a roadmap for achieving the District's oral health initiative goals. DHCF is meeting with the dental provider community, MCOs, DOH and other key stakeholders regularly to implement the strategies highlighted in the SOHAP.

Oral Health Assessments during Well-Child Visits

Oral health assessments are a required part of every primary care well-child visit for young children so that primary care providers can assist in identifying children who need dental care. Every infant should receive an oral health risk assessment by 6 months of age that includes: (1) assessing the patient's risk of developing oral disease using the American Academy of Pediatrics' Oral Health Risk Assessment Tool; (2) providing education on infant oral health; and (3) evaluating and optimizing fluoride exposure.

Children at risk for dental caries should be referred to a dentist as early as 6 months after the first tooth erupts, or 12 months of age for establishment of a dental home. Children at risk are defined as:

- Children with Special Health Care Needs,

² Ibid.

³ Ibid.

⁴ Ahovuo-Saloranta A, Forss H, Walsh T, Hiiri A, Nordblad A, Mäkelä M, Worthington HV. Sealants for preventing dental decay in the permanent teeth. *Cochrane Database of Systematic Reviews*. 2013; Issue 3. Art. No.: CD001830. DOI: 10.1002/14651858.CD001830.pub4.

- Children of mothers with high caries rate,
- Children with demonstrable caries, plaque, demineralization, and/or staining,
- Children who sleep with a bottle or breastfeed throughout the night, later-order offspring, or
- Children in families of low socioeconomic status.

In general, parents should be advised to establish a dental home for their child by 12 months of age. Every child has a primary dental provider through their MCO. The child's dentist will provide a dental examination, any indicated treatment services, as well as anticipatory guidance in managing long-term oral health conditions. At the latest, all children should have established a dental home by 3 years of age.

Reimbursable Dental Procedures in Primary Care Setting

In addition to regular oral health assessments, the application of fluoride varnish every three to six months has been proven to decrease the incidence of early childhood caries (ECC). A child is considered to have ECC when there is one or more decayed, missing (due to caries), or filled tooth surface in any primary tooth before the child turns 6 years of age. Primary care providers may bill DC Medicaid for oral health assessments using Current Dental Terminology (CDT) code D0191. CDT code D0191 is reimbursable at a rate of \$30.00 per application.

Children at high risk for ECC benefit from quarterly applications of fluoride varnish, while those with low to moderate risk should receive fluoride varnish applications every 6 months. The application of fluoride varnish for children under 3 by a trained primary care provider is a reimbursable dental procedure. In order to receive Medicaid reimbursement, primary care providers must complete the fluoride varnish training offered through DC HealthCheck. Once trained, primary care providers may bill DC Medicaid for fluoride varnish application on a child less than 3 years of age using Current Procedural Terminology (CPT) code 99188. CPT code 99188 is reimbursable once every 3 months per beneficiary at a rate of \$29.00 per application.

Reimbursable Dental Procedures in Dental Office

According to the American Academy of Pediatric Dentistry, early detection and management of oral conditions can improve a child's oral health, general health and well-being, and school readiness. A child's first dental examination should occur the time of the eruption of the first tooth and no later than 12 months of age. Comprehensive oral exams, dental sealants, and dental cleanings, as well as any needed diagnostic or treatment services identified by dental providers, are covered by Medicaid.

Caries risk assessment is a key element of preventive oral health care for infants, children and adolescents. Children at high risk for caries benefit from quarterly applications of fluoride varnish, while those with low to moderate risk should receive fluoride varnish applications every six months. The application of fluoride varnish is a reimbursable dental procedure. Dental providers may bill DC Medicaid for fluoride varnish application using CDT code D1206. CDT code D1206 is reimbursable once every 3 months per beneficiary at a rate of \$29.00 per application.

The application of dental sealants to the chewing surfaces of the back teeth is another method to prevent tooth decay. The American Academy of Pediatric Dentistry recommends the application of dental

sealants on caries-susceptible primary molars, permanent molars, premolars and anterior teeth with deep pits and/or fissures on children ages 24 months and older. Dental providers may bill DC Medicaid for dental sealants on children ages 24 months and older using CDT code D1351. CDT code D1351 is reimbursable at a rate of \$38.00 per tooth.

Provider Resources

The DC HealthCheck Periodicity schedules reflect the American Academy of Pediatric Bright Futures guidelines and the American Academy of Pediatric Dentistry guidelines. Both the dental and primary care DC HealthCheck periodicity schedules are available www.dchealthcheck.net. DHCF strongly encourages all pediatric primary care providers to complete EPSDT training and fluoride varnish training. Registration for the fluoride varnish training is completed through the DC HealthCheck website. DHCF also strongly encourages all EPSDT and dental providers to display the attached DC Medicaid Dental Benefits brochures in their waiting rooms.

Contact DHCF

If you have any questions about the information contained in this transmittal, or need additional information, please contact Colleen Sonosky, Associate Director, Division of Children's Health Services or Dr. Antonio, Lacey, Program Analyst, Division of Clinicians, Pharmacy, and Acute Provider Services. Ms. Sonosky can be reached at 202-442-5913 or by email at Colleen.Sonosky@dc.gov. Dr. Lacey can be reached at 202-442-5847 or by email at Antonio.Lacey@dc.gov. Thank you for your continued support and the oral health services provided to beneficiaries of the DC Medicaid program.

DC Healthy Smiles Covered Services

- Regular dental checkups (every 6 months)
- X-rays (when necessary)
- Cleaning and fluoride (every 6 months)
- Dental sealants
- Space maintainers
- Fillings

If medically necessary:

- Braces
- Anesthesia
- Extractions
- Root canal treatment
- Crowns

Call Your Dental Health Plan Today

AmeriHealth Caritas DC: (800) 408-7511

Fee For Service: (866) 758-6807

HSCSN: (202) 722-2744

MedStar Family Choice: (855) 388-6251

Trusted Health Plan: (855) 418-1620



Taking care of your child's dental health will help keep their body healthy too.

Make sure your child sees a dentist.

DON'T DELAY!

For more information about DC Healthy Smiles or to find a dental provider in your neighborhood, call toll-free:

(866) 758-6807



A Guide to the Dental Coverage for Children in DC Medicaid



A Healthy Smile at Every Age

Your child's dental health is just as important as their physical health. Just like you take your child to the doctor for checkups to prevent illnesses, you should also take your child to a dentist to prevent the risk of tooth decay.



Regular dental checkups are a very important step in keeping your child healthy.

If your child is enrolled in DC Medicaid he or she is eligible to get dental care. Beginning at age 6 months, your child is covered for dental checkups every 6 months.

DENTAL SCHEDULES

Age 6 months and 12 months

Take your baby to the dentist when the first tooth comes in. The dentist will check to make sure your baby has no cavities and will tell you how to take care of your child's mouth as he or she grows.

Age 18 months and 24 months

The dentist will do an oral exam, check for cavities and tell you how to avoid cavities. The dentist will decide how often to clean your child's teeth and will probably apply fluoride.

** During any visit to your primary care provider, your doctor can assess your child's teeth and help connect you to a dentist.*

Find a Dentist in your Neighborhood

If your child is enrolled in DC Medicaid through a health plan, your child has a primary care provider and a primary dental provider. You can choose or change your dentist by calling your health plan. If you do not know who your child's dentist is, call your health plan.

To find a dental provider in your neighborhood, you may call toll-free:

(866) 758-6807

Or visit

www.InsureKidsNow.gov



Age 2 years and every 6 months up to 6 years old

The dentist will continue to watch for cavities and will teach your child how to take care of his or her mouth. The dentist may take x-rays when needed and check that your child's teeth are developing normally.

Need a Ride to the Dentist?

If your child is enrolled in DC Medicaid he or she is eligible to receive free rides to and from the dentist. You must call 3 days before your child's appointment to schedule a ride.

Call your health plan's number below to schedule a ride!



AmeriHealth Caritas DC: **(800) 315-3485**

Fee for Service: **(866) 796 0601**

HSCSN: **(866) 991-5433**

MedStar Family Choice: **(866) 208-7357**

Trusted Health Plan: **(855) 326-4831**

Age 6 years and every 6 months up to 12 years old

The dentist may apply dental sealants to the back permanent teeth. The dentist may take x-rays when needed and will check that your child's teeth fit together correctly. The dentist will then talk to your child about good oral health.

Age 12 years and every 6 months after that

The dentist may apply dental sealants. The dentist will check that the teeth fit together correctly, and if necessary, take x-rays. The dentist will also examine the wisdom teeth to make sure they are not crowding the other teeth. The dentist will also teach your child about good dental care.