



# **Coordinating the Hospital Discharge: Long-Term Care Options**

**Presentation to the DC Hospital Association**

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# Agenda

- ▶ The Long-Term Care Landscape in DC
- ▶ Out-of-State Nursing Facility Policies and Procedures
- ▶ Connecting People with Home and Community-Based Services
- ▶ Additional Resources



# THE LONG-TERM CARE LANDSCAPE



## Long-Term Care in the District of Columbia

- ▶ Medicaid/Alliance covers 1 out of 3 District residents
- ▶ Approximately 33% of DC Medicaid spending was on long-term care in FY 2007
- ▶ Long-term care is provided in nursing facilities and in the community through the District's home and community-based services waiver programs
- ▶ Over 4,100 District residents utilize nursing facility services and home and community-based services



## Nursing Facility Services

- ▶ 19 nursing facilities in DC in 2009
  - Most at 95% occupancy
  - More than 3/4 paid for by Medicaid
  
- ▶ Approximately 2,200 Medicaid beneficiaries in NFs
  - 2,000 found in in-state NFs
  - < 200 in out-of-state (OOS) NFs
  
- ▶ NF care provided to DC Medicaid beneficiaries based on their need for assistance with activities of daily living and instrumental activities of daily living
  - Must meet “Nursing Facility Level of Care”
  
- ▶ Placement must be in a NF that can provide **appropriate** care based on beneficiary’s needs
  - DCHCA website upgrade to provide real-time information to help discharge planners with NF placements

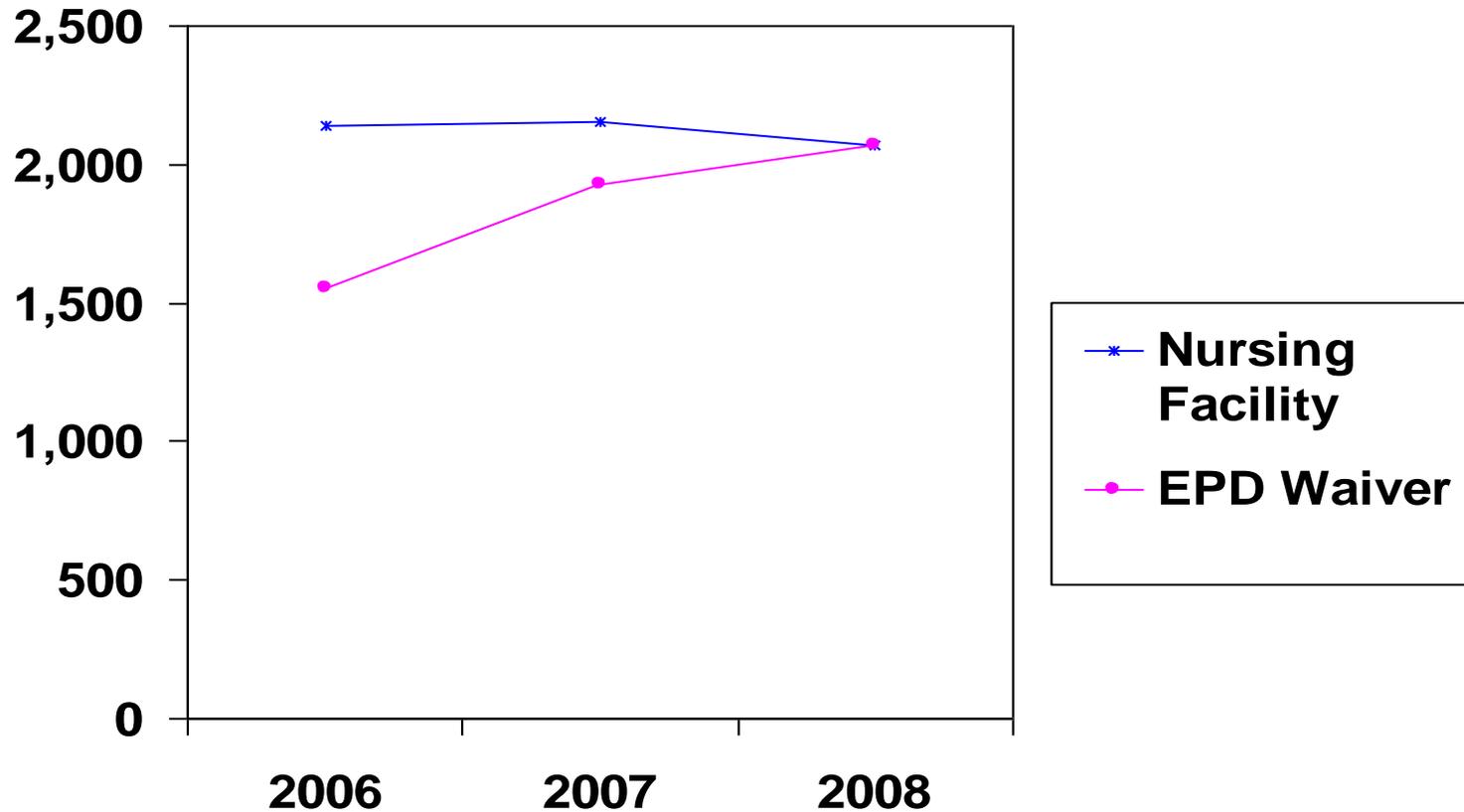


## Home and Community-Based Services (HCBS)

- ▶ Elderly and Individuals with Physical Disabilities (EPD) Waiver
  - Provides home and community based services to the elderly and individuals with physical disabilities in the District who meet eligibility criteria.
- ▶ Approximately 2,000 beneficiaries enrolled in EPD Waiver Program as of April 30, 2009
- ▶ 23 EPD providers and growing
- ▶ Eligibility criteria:
  - 300% SSI
  - Ages 65+ or individuals with physical disabilities ages 18-64
  - Require NF level of care
- ▶ Services include: case management, personal care aide, homemaker, chore aide, respite, personal emergency response system, environmental accessibility adaptations, and assisted living.



# Enrollment Trends in Long-Term Care in the District, 2006-2008





# CONNECTING PEOPLE WITH LONG-TERM CARE SERVICES

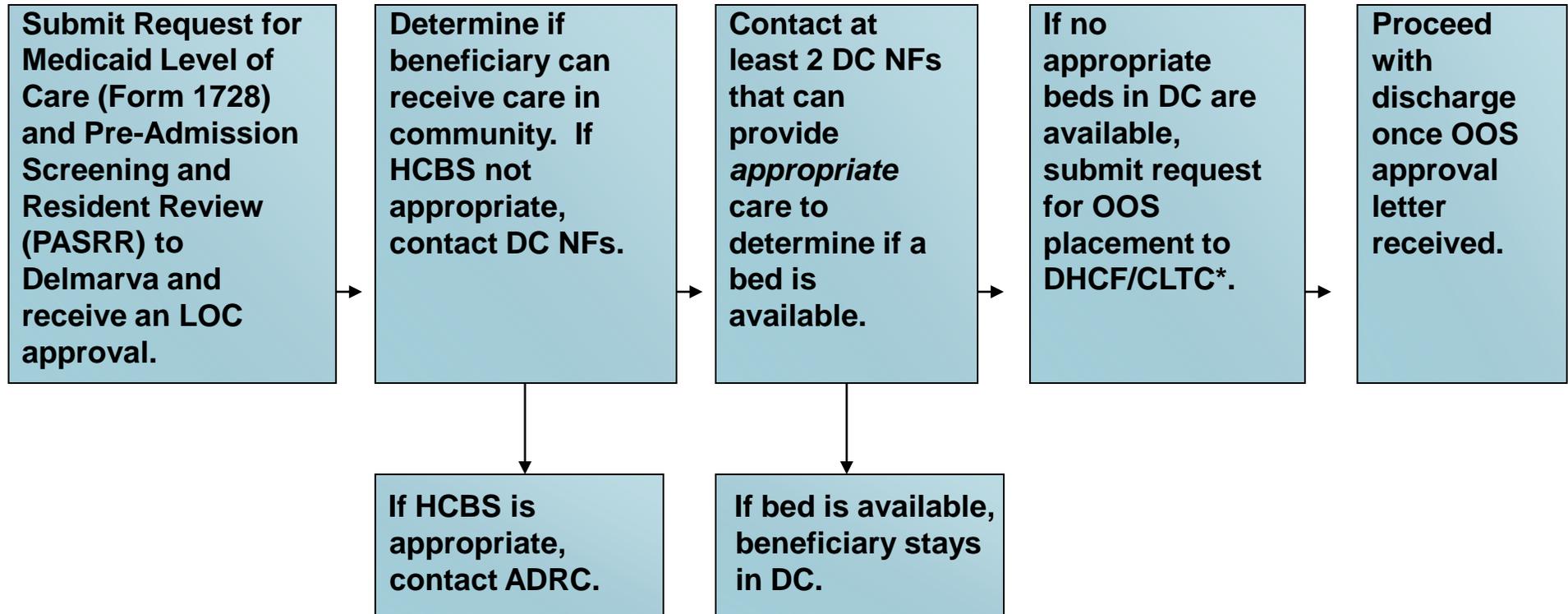


## Nursing Facility Placement

- ▶ In-State
- ▶ Out-of-State



# Out-of-State Nursing Facility Placement Process (Big Picture)



\*DHCF= Department of Health Care Finance; CLTC= Office of Chronic and Long-Term Care



## Documents to Submit to DHCF

### ▶ **DHCF Out-of-State Placement Forms:**

- Cover Page for Request for Out-of-State Nursing Facility Placement
- Request for Out-of-State Placement
- Proof of Contact of In-State Nursing Facilities (a minimum of two (2) DC facilities must be contacted and deny placement)
- Beneficiary Agreement

### ▶ **Other Required Documentation:**

- Copy of Request for Medicaid Nursing Facility Level of Care (Form 1728)
- Copy of Level of Care approval from Delmarva
- Copy of Pre-Admission Screening and Resident Review (PASRR)
- Beneficiary's history and physical. If already completed, the discharge summary may be included as well
- If the beneficiary requires specialized care (such as trach, dialysis, etc), a copy of the physician and nurse notes

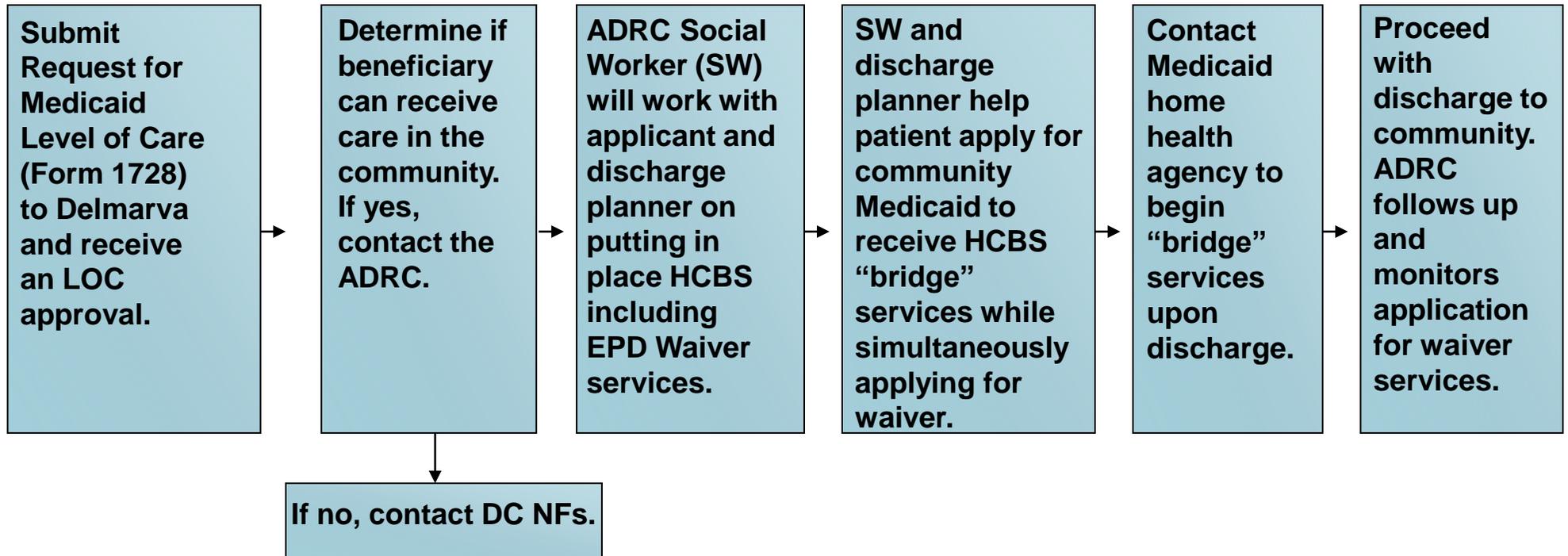


## Steps to Follow

- ▶ Fax complete packet to the attention of Paula Johnson or Caroline Haarmann in Office of Chronic & Long-Term Care at (202) 442-4799
- ▶ Call or email to confirm the packet has been received
  - Paula Johnson: (202) 442-5819 or paula.johnson@dc.gov
  - Caroline Haarmann: (202) 442-9193 or caroline.haarmann@dc.gov
- ▶ Once a **complete** packet is received, DHCF completes its review within 2 business days
- ▶ DHCF staff will fax notice of the Department's decision to discharge planner



# Connecting Individuals with Medicaid HCBS/ EPD Waiver





## Facilitating Appropriate Placements

- ▶ Facilitate connections between hospitals and NFs, hospitals and home health agencies in same area of city
  - Convene meeting with DCHA and DCHCA or DCHA and HHCADC
- ▶ Conduct training session for hospital discharge planners on home and community-based services to increase familiarity with programs and policies
  - Hospitals and home health agencies may both bill for services on day of discharge
- ▶ Increase patient awareness of home and community-based services by making patient education materials available in ERs, etc.

**How else can DC Government agencies help to facilitate a smooth discharge?**



## Additional Resources

- ▶ **DHCF/CLTC contacts for questions about OOS NF placement:**
  - Paula Johnson: (202) 442-5819, [paula.johnson@dc.gov](mailto:paula.johnson@dc.gov)
  - Caroline Haarmann: (202) 442-9193, [caroline.haarmann@dc.gov](mailto:caroline.haarmann@dc.gov)
  
- ▶ **Aging and Disability Resource Center (ADRC):**
  - Connects individuals with a social worker to begin process for enrollment in the EPD waiver program
  - More information on the DC ADRC is at (202) 724-5626 or [www.adrcdc.org](http://www.adrcdc.org)
  
- ▶ **DCHCA Bed Availability Website:**
  - [www.dchca.org](http://www.dchca.org) and select 'Bed Availability' link