



Perinatal Mental Health Task Force

August 29, 2023



Overview



- Ice Breaker
- Observation of Individuals with Lived Experiences
- Tabletop Exercise
- Close Out



Today's Ice Breaker

What is something you did over the summer that you really enjoyed?



Observations of Individuals with Lived Experiences

Any Task Force or Member of the Public may share their lived experience with Task Force.



Tabletop Exercise



Recommendations



- Over 50 recommendations were submitted.
- Recommendations were reviewed and duplicates or unrelated inputs were deleted.
- 51 recommendations were categorized:
 - Access and Navigation – Issues around Addressing social needs and care coordination
 - Services and Data Reporting – Issues around expanding services/programs or creating new ones as well as data collection and public reporting
 - Screening and Referral – Issues around screening tools and referrals including incentives
 - Public Awareness and Systems Capacity: Issues around public awareness campaigns, continuing the work of the TF, working with other agencies
 - Workforce Development: Issues around recruitment, retention, training, or incentives



Building Consensus on Recommendations Exercise



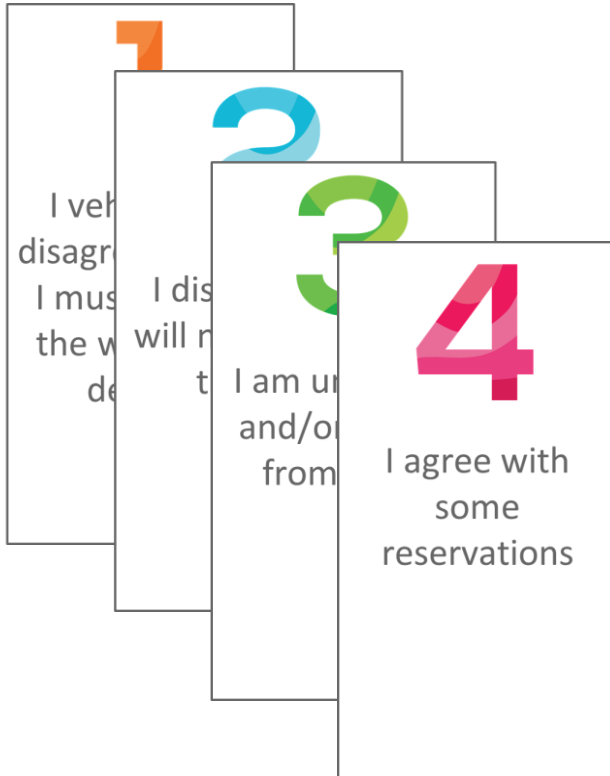
- Assign a facilitator for the table
 - Lead the exercise
 - Manage time
 - Ensure everyone has an opportunity to speak
- DHCF staff at your table will be your table recorder
- Assign to be your reporter to report out

★ ★ ★ Task 1: Are There Any Missing Recommendations?

- Read through the recommendations:
 - Are there any other recommendations in this category that you would like the group to consider?
- Is there a recommendation that you feel the group should consider?
- Write it out on the blank sheet of paper for the group
 - Recorder will enter it into the spreadsheet for consideration



Task 2: Level of Agreement



- Each of you has a set of cards, numbered 1 – 5.
- Each number corresponds to your level of agreement to the recommendations:
 1. *I vehemently disagree and feel I must stand in the way of this statement*
 2. *I disagree but will not stand in the way*
 3. *I am undecided and/or abstain from voting*
 4. *I agree with some reservations*
 5. *I am in complete agreement and unreservedly support this statement*
- Table facilitator will ask each of you to silently reflect, and then at the same time, raise the level of agreement card that corresponds to your view.
- Then, at each table will discuss the recommendations before moving on.
- Also consider how much a priority each recommendation should be.



Level of Agreement Exercise: Practice



Please indicate your level of agreement with the following statement by raising the appropriate card.

Statement

I enjoy having the Perinatal Mental Health Task Force in person.

Key

1

I vehemently disagree and feel I must stand in the way of this decision

2

I disagree but will not stand in the way

3

I am undecided and/or abstain from voting

4

I agree with some reservations

5

I am in complete agreement and unreservedly support this decision



Five Rounds of Table Discussions – Switch Tables Three Times



Topic	No. of Recommendations	Rec. No.	Time
Access and Navigation	9	1-9	15 minutes
General Discussion and Switch Tables			5-10 minutes
Public Awareness and Systems Capacity	7	10-17	15 minutes
General Discussion and Switch Tables			5-10 minutes
Screening and Referral	3	18-20	5 minutes
Services and Data Reporting	17	21-37	25 minutes
General Discussion and Switch Tables			
Workforce Development	14	38-51	20 minutes
General Discussion			5-10 minutes



Next Steps

Be on the look out for a follow-up email with instructions to provide more feedback using <https://moored.co/b/a82ShhxgzP>