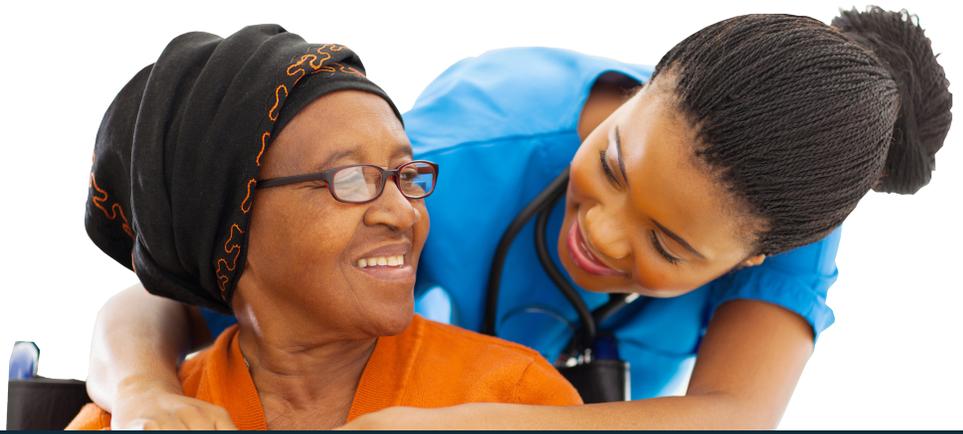




MyHealth**GPS**



My Health GPS: New Program Helps DC Residents with Complex Medical Needs Get Healthy and Stay Healthy

Healthy Starts Here.

My Health GPS is a new care coordination program designed to help Medicaid beneficiaries who have multiple chronic conditions get the care and services they need to stay healthy. The program's overarching aim is to improve health outcomes while reducing inappropriate hospital utilization and hospital readmissions.

My Health GPS providers are available to serve beneficiaries across all eight (8) Wards within the District. The program launched July 1, 2017, with support from the DC Department of Health Care Finance (DHCF).

DC Medicaid beneficiaries with three or more chronic conditions experience health needs that are two to three times more complicated and costly than other Medicaid beneficiaries.





More Patient-centered Care.

My Health GPS care coordination teams will work with all of the the beneficiaries' providers, including primary care, acute care, behavioral health, and long-term services and supports. As a result, beneficiaries will have access to:

- A person-centered care plan that reflects the beneficiary's unique needs, challenges, and goals to achieve better health
- Support during transitions of care between providers or facilities
- Medication therapy management that ensures beneficiaries have their medications and know how to take them so they are effective
- Health and nutritional counselling to promote a healthy lifestyle, with resources available to caregivers
- Community resources, such as referrals to organizations that can offer social support, including housing or food assistance, adult day services, and more

Measuring Success.

Participating providers know the program is designed to improve healthcare outcomes and reduce healthcare costs. All participating care teams have agreed to take part in a pay for performance program that will reward them for providing the right care at the right time.

Specifically, effectiveness will be measured by the extent to which the program:

- Lowers the rate of avoidable emergency department use
- Reduces preventable hospital admissions
- Lowers hospital readmissions

DHCF will provide analytic tools, technical assistance, and evaluation support to help care teams and providers measure their progress and meet the District's goals.

Right Care. Right Time. Right Place.

My Health GPS is administered by 10 primary care organizations at 33 care centers across the District:

- Bread for the City
- Children's National Health System
- Community of Hope
- Medical Home Development Group
- Family and Medical Counseling Service
- La Clinica del Pueblo
- Mary's Center
- Providence Health Services
- Unity Health Care
- Whitman-Walker Clinic

Learn More.

For more information on the My Health GPS program, call 202-724-7755 or visit dhcf.dc.gov.

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