Let's get started

Call your provider today to schedule your first appointment.

Bread for the City	202-386-7020
Children's National Health System	202-476-4663
Community of Hope	202-540-9857
Medical Home Development Group	202-684-2784
Family and Medical Counseling Service	202-889-7900
La Clinica del Pueblo	202-350-8047
Mary's Center	1-844-796-2797
Providence Health Services	202-854-4477
Unity Health Care	202-469-4699
Whitman-Walker Clinic	202-939-7675

If you're not sure who your My Health GPS provider is, or would like to change providers, call the Department of Health Care Finance at 202-724-7755.

MyHealthGPS

Department of Health Care Finance
One Judiciary Square | 441 4th Street, NW, Suite 900S
Washington, D.C. 20001 (202) 442-5988 | Fax (202) 442-4790

DHCF The Department of Health Care Finance INVESTING IN YOUR HEALTH

WE ARE WASHINGTON DC GOVERNMENT OF THE DISTRICT OF COLUMBIA
MURIEL BOWSER, MAYOR

MyHealthGPS

Healthy Starts Here

A free program for Washington, DC residents with Medicaid

What is “My Health GPS”?

My Health GPS is a free program to help you get the care and services you need. The program will match you with an approved doctor and a team of providers who will work with you to get healthy and stay healthy.

Am I eligible?

You can join My Health GPS if you are a Medicaid beneficiary with three (3) or more conditions, such as diabetes, heart disease, or asthma.

How do I sign up?

To sign up for My Health GPS, call 202-724-7755.

What happens after I sign up?

First, you will meet a My Health GPS team member to talk about your health and your goals. You may also have some tests done for your team to better understand your needs.

MyHealthGPS

Healthy Starts Here

Do I have to change doctors?

No. Your My Health GPS team will work with your current doctor.

Will you teach me how to manage my conditions?

Yes. You will learn more about your health and how to better take care of yourself through medication, diet, exercise, and more.

Can you provide information on how my family can help me?

Yes. With your consent, your My Health GPS team can work with your family to help you get the services you need. Your My Health GPS team can also teach your family about your conditions so they can help you meet your health goals.

Are there other services that you can help with?

Yes. We will connect you with other services like transportation, help with eating healthy foods, or going back to school. Your My Health GPS team can point you in the right direction.

What if I have to go to the hospital?

Our goal is to keep you healthy but if you do have to go to the hospital, your My Health GPS team will coordinate with your doctor and assist with follow-up visits, help you manage your medications, and more.