



December FY25 Medical Care Advisory Committee (MCAC) Meeting

December 18, 2024 | 5:30 PM – 7:30 PM ET

Virtual Meeting



Housekeeping

▶ **Introduce yourself in the chat:**

- Name
- Organization (if applicable)
- MCAC member or non-member

▶ **Keep yourself muted unless speaking**

▶ **You can add questions to the chat or use the “Raise Hand” function**

▶ **This meeting will be recorded**

- DHCF will post a recording of the meeting on the [MCAC webpage](#) after the meeting



Agenda

- ▶ **Welcome and Roll Call**
- ▶ **DHCF Report Q&A**
 - SPA, Waiver, and Rule Report
- ▶ **DHCF Updates and Discussion**
 - The Year Ahead
 - Eligibility and Enrollment Update
 - 1115 Waiver Annual Report
- ▶ **Subcommittee Report Out**
 - Access
 - Health-System Redesign
- ▶ **Public Announcements**



Welcome and Roll Call

Vote to adopt meeting minutes from October MCAC



Move to Vote on Meeting Minutes



DHCF Report Q&A

Waiver, SPA, and Rules Report



DHCF Updates and Discussion

The Year Ahead

Eligibility and Enrollment Update

1115 Behavioral Health Transformation Waiver Annual Post-Award Forum



Closing Out 2024 and Looking Ahead to 2025



► **2024 Highlights**

- Medicaid Unwinding from the Public Health Emergency: Nearly 90% of Medicaid beneficiaries renewed.
- Supported over 85 mental health, substance use disorder, and waiver providers in connecting to CRISP DC – making it possible for providers to “see” the health of the whole person.
- Expanded access to ten (10) Medicaid services for mental health and substance use disorders by establishing new services, increasing provider rates, and changing reimbursement methodology to better reflect service expectations.
- Created the framework to establish Medicaid support for housing, nutrition, and re-entry services through the 1115 waiver renewal.
- Elevated experience expertise by implementing compensation for beneficiaries that serve as MCAC members.

► **Awaiting notice on grant opportunities to further DHCF’s work on whole-person care**

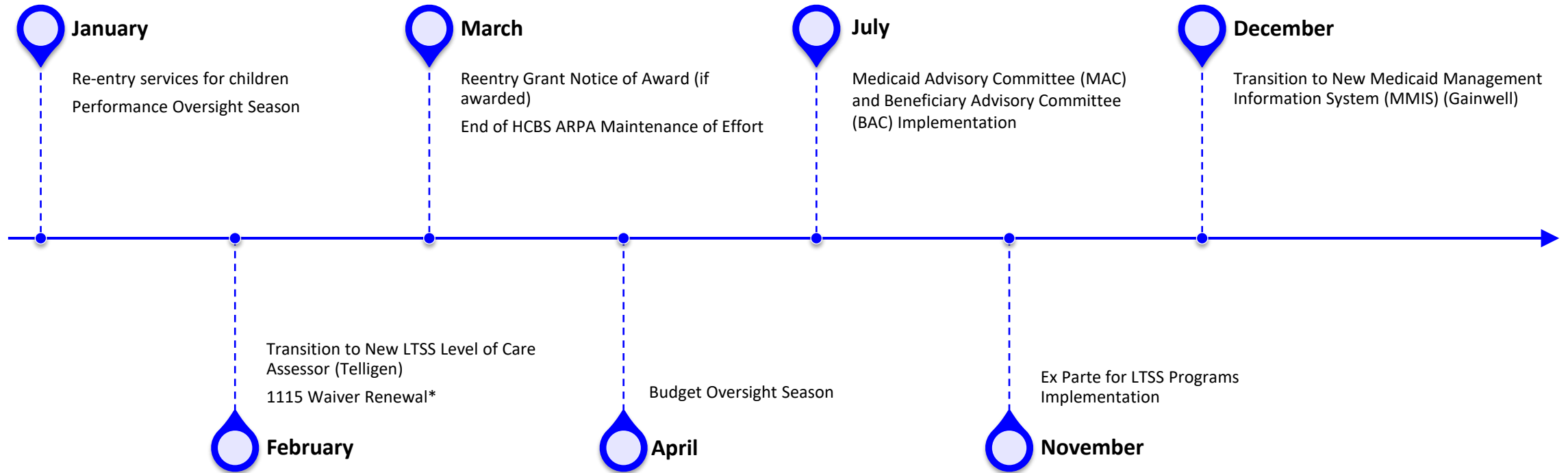
- *Transforming Maternal Health Model (TMaH)*: Supports the development of a whole person approach to pregnancy, childbirth, and postpartum care (December 2024 notice).
- *Certified Community Behavioral Health Clinics (CCBHC) State Planning Grant*: Supports planning for CCBHC model (developing certification, reimbursement, etc.) (December 2024 notice)
- *State Planning Grant to Promote Continuity of Care for Medicaid and CHIP Beneficiaries Following Incarceration*: Supports planning for services for Medicaid beneficiaries returning to the community from a carceral setting (March 2025 notice) .

► **If awarded, grants will guide 2025 efforts along with new federal Medicaid requirements**

- Rulemaking, including managed care, access, and eligibility & enrollment.
- Focus on Medicaid Advisory Committee (MAC) and Beneficiary Advisory Committee (BAC) requirements (check out [CMS](#), [CHCS](#) for more information)



A Look Ahead at 2025 Milestones for DHCF





Enrollment Update: Medicaid Relatively Stable in Recent Months While Alliance/ICP Growth Continues



- ▶ Medicaid enrollment has remained flat in recent months, following the unwinding period that ran from mid-2023 to mid-2024, which reflected a restart of eligibility redeterminations at the end of the federal public health emergency.
- ▶ Alliance and Immigrant Children’s Program (ICP) enrollment continues to show month-over-month growth.
- ▶ The rollout of a new DHCF dashboard with up-to-date eligibility and enrollment data is now expected in January.
 - Information published throughout the unwinding period remains available at: <https://dhcf.dc.gov/medicaid-renewal>.
 - In the interim, a report containing monthly data for FY 2023-FY 2025 is linked at: <https://dhcf.dc.gov/page/dc-medical-care-advisory-committee>.

District of Columbia Department of Health Care Finance
Monthly Enrollment Report - FY 2023



By Program		
Fiscal Year YTD	FY 2023	
Year Month Number YYYY MM	2022-10	2022-11
Program		
Total	332,635	330,911
Medicaid	304,980	306,111
ICP	4,650	4,211
Alliance	23,005	20,589

District of Columbia Department of Health Care Finance
Monthly Enrollment Report - FY 2024

By Program				
Fiscal Year YTD	FY 2024			
Year Month Number YYYY MM	2023-10	2023-11	2023-12	2024-01
Program				
Total	329,119	325,225	322,509	321,111
Medicaid	304,479	300,321	297,138	294,111
ICP	4,538	4,552	4,627	4,589
Alliance	20,102	20,352	20,744	21,891

District of Columbia Department of Health Care Finance
Monthly Enrollment Report - FY 2025



By Program		
Fiscal Year YTD	FY 2025 to date	
Year Month Number YYYY MM	2024-10	2024-11
Program	(preliminary)	(preliminary)
Total	302,630	300,586
Medicaid	270,575	268,345
ICP	5,866	5,871
Alliance	26,189	26,370



Behavioral Health Transformation 1115 Demonstration Annual Post-Award Stakeholder Forum



In 2019, the 1115 Waiver Provided a Unique Opportunity to Address Key Gaps in Medicaid Behavioral Health Service Array



- ▶ Federal Medicaid policy changes in 2017 and 2018 created new opportunities to expand behavioral health services through Medicaid.
 - States could apply for an 1115 waiver to resolve disparate access to institution for mental diseases (IMD) services between Medicaid managed care and fee-for service (FFS) programs (“in lieu of” service in managed care but no option previously in FFS).
- ▶ In 2019, DC’s 1115 waiver application sought to increase Medicaid’s service array to improve coverage of a broader continuum of behavioral health treatment for individuals with erious mental illness (SMI), serious emotional disturbance (SED), and substance use disorder (SUD) and advance DC’s goals for reducing opioid use, misuse, and deaths outlined in the District’s Opioid Strategic Plan, Live.Long.DC.



Beginning January 1, 2020, DC Established Medicaid Reimbursement for Additional Behavioral Health Services Through the 1115 Waiver

- ▶ The 1115 waiver initially authorized Medicaid reimbursement for the following behavioral health services:
 - IMD services for SMI, SED, and SUD
 - Clubhouse
 - Recovery support services
 - Psychologists and other licensed BH practitioners
 - Behavioral health outreach
 - Mobile crisis
 - Eliminate \$1 co-pay for MAT
 - Trauma-targeted care
 - Supported employment for SMI and SUD
 - Transition planning services
 - Comprehensive psychiatric emergency program
 - Crisis beds
- ▶ All services, except IMD and MAT co-pay, transitioned from 1115 to State Plan Authority (SPA) in 2022.
- ▶ Current 1115 demonstration authority began January 1, 2020, and was scheduled to end December 31, 2024, but CMS recently issued an [extension](#) to June 30, 2025.



In 2024, the 1115 Waiver Renewal Provided Another Unique Opportunity to Expand Medicaid Service Array

- ▶ To continue remaining 1115 services beyond calendar year 2024, the District submitted a waiver renewal request to CMS on June 6, 2024.
- ▶ DHCF also requested to add justice-involved reentry and health related social needs services as part of 1115 renewal request.

Continue Current Behavioral Health Transformation Waiver Services:

- IMD services
- MAT co-pay removal

Justice-Involved Reentry:

- Enrollment support
- 90-day pre-release services
- Reentry infrastructure

Health Related Social Needs (HRSN) Services:

- **Housing**
- **Nutrition**
- HRSN case management, outreach, and education
- HRSN Infrastructure



While Awaiting Approval from CMS, DHCF is Continuing to Prepare to Implement New Reentry and HRSN Services



- ▶ **Implementation Planning:** The MCAC Health System Redesign (HSR) Subcommittee meets on the second Thursday of each month from 2-4 p.m. and serves as the forum for focused community engagement on 1115 waiver renewal.
 - Over the 18-month engagement, we are focusing on: (1) pre-approval level-setting; (2) implementation planning for new services, and (3) provider/system implementation readiness
- ▶ **Enhanced Community Engagement:** WellCentric DC supports MCAC HSR meetings and provides enhanced community engagement efforts, including seeking input from Medicaid beneficiaries and their families, as well as frontline staff at community-based organizations and health care providers.
- ▶ **Provider Readiness Training:** The [1115 Whole-Person Care Learning Collaborative](#), through Integrated Care DC, is launching in January 2025. The Learning Collaborative aims to build capacity within organizations to prepare to deliver Medicaid reimbursed reentry and HRSN services.



Open Forum and Additional Information



Participants are invited to share comments about the 1115 demonstration or ask questions.

- ▶ CMS's DC 1115 waiver webpage includes all approved monitoring and evaluation deliverables: <https://www.medicaid.gov/medicaid/section-1115-demo/demonstration-and-waiver-list/81296>
- ▶ DHCF 1115 waiver webpage includes renewal application materials, community engagement meeting materials, and historical behavioral health transformation demonstration information: <https://dhcf.dc.gov/1115-waiver-initiative>
- ▶ Contact DHCF 1115 Waiver Team at dhcf.waiverinitiative@dc.gov with questions or to join the 1115 email distribution list



Subcommittee Report Out

Access

Health-System Redesign



Public Announcements



Get Involved and Make Sure You're Getting Updates

The next meeting will be February 26, 2025, at 5:30PM – we look forward to seeing you all there!

If you (or other community members and partners) are not already receiving MCAC meeting invites, you can email the newly established dhcfMACandBAC@dc.gov and we will add you to the list.

If you are already receiving MCAC invites and emails, no action is needed.