DHCF Perinatal Health Priorities Overview

MCAC Access Subcommittee Meeting
January 13, 2021
Overview

- DHCF priorities and activities
- Other District initiatives to address perinatal health
Characteristics of Births Financed by DHCF

In 2019:

- DHCF covered 46 percent of overall DC births
- 85 percent of births to women enrolled in MCOs
- 71 percent of women had a prenatal visit in first trimester
- 68 percent of women had a postpartum visit within 84 days after delivery
DHCF Priorities to Improve Perinatal Health Outcomes

Reduce rates of adverse maternal and infant health outcomes through:

➢ Improving rates of **prenatal and postpartum care**

➢ Connecting women to **well-woman care**

➢ **Collaborating** with District stakeholders to advance shared goals
Medicaid Managed Care
Perinatal Programs & Requirements
MCO Requirements

• **Family Planning**
  - Family Planning services available for all women of child-bearing age from a provider of their choice (in or out-of-network), with no referral required for access to services
  - Out-of-network family planning providers should be paid directly by the MCO for services provided to enrollees
  - Educational materials on how to access family planning and women’s health services within 60 days of enrollment
  - Providing and managing a 24/7 Nurse Line

• **Care Coordination**
  - Ensuring initial appointments for pregnant women or enrollees desiring family planning services are provided within 10 calendar days of the enrollee’s request.
  - Offering free case management services including referrals to community-based organizations that address wrap-around services and social determinants of health, and referring families to WIC for WIC services
  - Coordinating, scheduling and facilitating free transportation to/from pregnancy related, family planning, and women’s wellness appointments.
  - Completing home visits for high-risk newborns by an RN within 48 hours of discharge from the birthing facility.

• **Health Services Coverage**
  - Coordinating and paying for Women’s Wellness Services.
  - Providing access and paying for Nurse Midwife Services and Nurse Practitioner Services.
  - Providing access to Telemedicine Services
Examples of “Value-Add” Maternal Health Programs and Benefits offered amongst the MCOs

Referrals to Optum and Mamatoto
- Doula Services, High Risk Pregnancy Management
- In-home 17P Administration

Financial Incentives
- Gift Card incentives for prenatal and/or postpartum appointment completion*

Wellness Programs
- Weight Watchers & Gym Membership
- Home meal deliveries & nutrition-based cooking classes

* = gift cards are DHCF-approved with varying values not to exceed $75 per enrollee annually
MCO Maternal Health Performance Improvement Project

- MCOs required to conduct maternal health performance improvement project designed to achieve, through ongoing measurements and interventions, improvement sustained over time.

- The District’s External Quality Review Organization, Qlarant, evaluates whether the MCO’s PIP was designed, conducted, and reported in a sound manner and identifies the degree of confidence DHCF can have in the reported results.
  - Findings are published on DHCF website via the Annual Technical Report
    https://dhcf.dc.gov/page/mco-external-quality-review-annual-technical-reports

- MCOs participate in DHCF Facilitated MCO Quality Collaborative
  - Purpose is to share best practices, engage in more robust conversations about population health strategies, and to work together to implement a systems-level intervention to address Maternal Health across all health plans.
Other District Perinatal Health Initiatives

- **District of Columbia Perinatal Quality Collaborative (DC-PQC) – DCHA**
  - District-wide collaborative supported by DC Health to reduce maternal mortality, improve health outcomes, and narrow disparities in maternal health.
  - Health professionals & other stakeholders will participate in a data-driven quality improvement process and implement national best practices for maternity care.

- **The Parent-Child Health Initiative – Clark Foundation**
  - Goal to improve the quality of parent-child health care for families living in marginalized communities in Washington, D.C.

- **D.C. Safe Babies Safe Moms – MedStar Health**
  - Goal to reduce maternal and infant mortality through offering services that address the needs of women and their babies before pregnancy through age three.
Questions?

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