



DHCF Perinatal Health Priorities Overview

**MCAC Access Subcommittee Meeting
January 13, 2021**



Overview

- DHCFC priorities and activities
- Other District initiatives to address perinatal health



Characteristics of Births Financed by DHCFC

In 2019:

- DHCFC covered **46 percent of overall DC births**
- **85 percent** of births to women enrolled in MCOs
- **71 percent** of women had a **prenatal visit in first trimester**
- **68 percent** of women had a **postpartum visit within 84 days after delivery**



DHCF Priorities to Improve Perinatal Health Outcomes

Reduce rates of adverse maternal and infant health outcomes through:

- Improving rates of **prenatal and postpartum care**
- Connecting women to **well-woman care**
- **Collaborating** with District stakeholders to advance shared goals



Medicaid Managed Care Perinatal Programs & Requirements



MCO Requirements

- **Family Planning**

- Family Planning services available for all women of child-bearing age from a provider of their choice (in or out-of-network), with no referral required for access to services
- Out-of-network family planning providers should be paid directly by the MCO for services provided to enrollees
- Educational materials on how to access family planning and women's health services within 60 days of enrollment
- Providing and managing a 24/7 Nurse Line

- **Care Coordination**

- Ensuring initial appointments for pregnant women or enrollees desiring family planning services are provided within 10 calendar days of the enrollee's request.
- Offering free case management services including referrals to community-based organizations that address wrap-around services and social determinants of health, and referring families to WIC for WIC services
- Coordinating, scheduling and facilitating free transportation to/from pregnancy related, family planning, and women's wellness appointments.
- Completing home visits for high-risk newborns by an RN within 48 hours of discharge from the birthing facility.

- **Health Services Coverage**

- Coordinating and paying for Women's Wellness Services.
- Providing access and paying for Nurse Midwife Services and Nurse Practitioner Services.
- Providing access to Telemedicine Services



Examples of “Value-Add” Maternal Health Programs and Benefits offered amongst the MCOs



Referrals to Optum and Mamatoto

- Doula Services, High Risk Pregnancy Management
- In-home 17P Administration



Financial Incentives

- Gift Card incentives for prenatal and/or postpartum appointment completion*



Wellness Programs

- Weight Watchers & Gym Membership
- Home meal deliveries & nutrition-based cooking classes

* = gift cards are DHCF-approved with varying values not to exceed \$75 per enrollee annually



MCO Maternal Health Performance Improvement Project

- MCOs required to conduct maternal health performance improvement project designed to achieve, through ongoing measurements and interventions, improvement sustained over time.
- The District's External Quality Review Organization, Qlarant, evaluates whether the MCO's PIP was designed, conducted, and reported in a sound manner and identifies the degree of confidence DHCF can have in the reported results
 - Findings are published on DHCF website via the Annual Technical Report
<https://dhcf.dc.gov/page/mco-external-quality-review-annual-technical-reports>
- MCOs participate in DHCF Facilitated MCO Quality Collaborative
 - Purpose is to share best practices, engage in more robust conversations about population health strategies, and to work together to implement a systems-level intervention to address Maternal Health across all health plans



Other District Perinatal Health Initiatives

- ❑ **District of Columbia Perinatal Quality Collaborative (DC-PQC) – DCHA**
 - District-wide collaborative supported by DC Health to reduce maternal mortality, improve health outcomes, and narrow disparities in maternal health.
 - Health professionals & other stakeholders will participate in a data-driven quality improvement process and implement national best practices for maternity care.
- ❑ **[The Parent-Child Health Initiative](#) – Clark Foundation**
 - Goal to improve the quality of parent-child health care for families living in marginalized communities in Washington, D.C.
- ❑ **[D.C. Safe Babies Safe Moms](#) – MedStar Health**
 - Goal to reduce maternal and infant mortality through offering services that address the needs of women and their babies before pregnancy through age three.



Questions?

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