



# 1115 Waiver Renewal: Aiming for Whole Person Care

Public Meeting

April 2024

# DHCF Administers the District's Public Health Insurance Programs, Including Medicaid



- ▶ DC Medicaid provides health insurance coverage to 275,378 DC residents\*
  - Children
  - Elderly
  - People with disabilities
- ▶ DC Medicaid provides a comprehensive benefit packages that is delivered through fee for service (FFS) or managed care. This includes coverage of:
  - Doctor's visits
  - Hospital visits
  - Prescription drugs
  - Behavioral health services
  - More



\*[DHCF Eligibility Monitoring Dashboard](#), Accessed 3/28/2024



# Both the Federal and District Governments Have a Role in the District's Medicaid Program



- ▶ The Federal and District governments share the costs
- ▶ Federal approval from the Centers for Medicare & Medicaid Services (CMS) is required for changes to benefits, eligibility, payment methodologies
- ▶ There are mandatory benefits that all states must provide and optional benefits that each state chooses whether they are included
- ▶ States can submit a waiver to CMS when they want to make a change to their program that is not typically allowable and/or the state wants to try a new benefit, program, or spend money differently
  - The typical pathway is an 1115 Demonstration Waiver
- ▶ 1115 Waivers are time-limited (5 years, with renewal options) and have significant budget limitations and evaluation reporting requirements



# DC's Current 1115 Waiver Supports the Continuum of Care for Behavioral Health Services



**Beginning in January 2020, the Behavioral Health Transformation 1115 Waiver established new services to fill gaps in behavioral health care**

## **For a 5-year period, the Behavioral Health Transformation 1115 Waiver:**

- Allows Medicaid payment for services provided to non-elderly adults with SMI/SED/SUD in institutions for mental diseases (IMDs)
- Eliminates the co-pay for prescriptions associated with Medication Assisted Treatment (MAT)
- Initially allowed Medicaid payment for other community-based behavioral health services which have since been made permanent Medicaid benefits\*

\*Additional materials and information about the Behavioral Health Transformation Waiver can be found on DHCF's website [here](#).

## **Current 1115 Waiver Goals**

1. Increase Medicaid's service array to improve coverage of a broader continuum of behavioral health treatment for individuals with SMI/SED/SUD.
2. Advance the District's goals for reducing opioid use, misuse, and deaths outlined in the District's Opioid Strategic Plan, Live.Long.DC.
3. Support the District Medicaid program's movement toward a more integrated health care experience that facilitates coordinated treatment of behavioral and physical health needs.



# It's Time to Renew the 1115 Waiver: New Options Can Help Further District Priorities



- ▶ Recently, the federal government opened the door to states to expand services to include housing and nutrition supports; health related social needs (HRSN) case management, outreach and education; and additional supports for individuals returning to the community.
- ▶ DHCF proposes to extend the current demonstration *and* implement an updated program design that broadens the focus to address social determinants of health, in alignment with the framework of other state approved 1115 waivers.
- ▶ To reflect the broadened focus, DHCF proposes to rename the 1115 waiver: “**Whole-Person Care Transformation**”.



# Focus on Continuing Initial 1115 Waiver Services and Securing the Federal Authority to Do More



## Proposed Whole Person Care Transformation Waiver

### Behavioral Health Transformation (Continuing Authority)

Continue IMD services and removal of MAT co-pay beyond expiration of current 1115 waiver on December 31, 2024.

### Health-Related Social Need (HRSN) Services (**New Authority**)

Implement new Medicaid housing, nutrition, and HRSN case management services, as well as infrastructure to support the delivery of HRSN services.

### Justice-Involved Reentry Services (**New Authority**)

Provide a limited set of Medicaid services for up to 90-days prior to release from a carceral setting, as well as infrastructure to support the delivery of reentry services.



# HRSN: District's Application Requests Authority for Entire CMS Scope of Approvable HRSN Services



## Housing:

- Rent/temporary housing for up to 6 months and related utility assistance, specifically for:
  - Individuals transitioning out of institutional care or congregate settings
  - Individuals who are homeless, at risk of homelessness, or transitioning out of an emergency shelter
  - Youth transitioning out of the child welfare system including foster care
- Short-term pre-procedure and/or post-hospitalization housing for up to 6 months
- Housing transition, navigation, pre-tenancy, and tenancy-sustaining services
- One-time transition and moving costs
- Medically necessary air conditioners, heaters, humidifiers, air filtration devices, generators, and refrigeration units
- Medically necessary home accessibility modifications and remediation services



## Nutrition:

- Nutrition counseling and education
- Meals or pantry stocking, up to 3 meals a day, for up to 6 months
- Fresh produce prescriptions, protein boxes, and/or grocery provisions, up to 3 meals a day, for up to 6 months
- Cooking supplies



## HRSN Case Management, Outreach, and Education:

Including linkages to other state and federal benefit programs, benefit program application assistance, and benefit program application fees



## HRSN Infrastructure:

- Technology
- Development of business or operational practices
- Workforce development
- Outreach, education, and stakeholder convening



# Justice-Involved Reentry: District's Application Takes Full Advantage of CMS Reentry Flexibilities



- ▶ **Eligibility to receive services:** DHCF is requesting authority to cover all Medicaid-eligible adults and youth to ensure all eligible individuals receive necessary supports.
- ▶ **Services:** In addition to the three mandatory services, DHCF is also requesting to cover four additional services to support transitions into the community:

## Mandatory Services:

- Medication Assisted Treatment (MAT)
- 30 Day Rx Upon Release
- Reentry Case Management

## Additional Services:

- Behavioral health counseling/therapy
- Peer support services
- Intensive, family-based services for youth
- Physical and behavioral health screening

- ▶ **Carceral Facilities:** While CMS guidance limits demonstrations to state/local carceral facilities, DHCF is requesting authority for:
  - Local adult carceral operated by the Department of Corrections (DOC) - Central Detention Facility, Central Treatment Facility
  - Local youth secure detention facilities operated by the Department of Youth Rehabilitative Services (DYRS) - Youth Services Center, New Beginnings Youth Development Center
  - *Federal Bureau of Prisons facilities housing DC code offenders for a limited sub-set of waiver supports*





# Waiver Renewal Focuses on Continuing Initial 1115 Waiver Services and Securing the Federal Authority to Do More to Support Whole Person Care



- ✓ Behavioral Health Services
  - IMD services
  - Eliminate co-pay for MAT
  
- ✓ Health-Related Social Need (HRSN) Services
  - Housing and Nutrition supports and services
  - HRSN case management, outreach, and education
  
- ✓ Justice-Involved Reentry Services



# Renewal Timeline: Like Other States, the District will Begin New Services Following Implementation Planning Period



## CY 2024

*(Demonstration Year 5)*

- ▶ April 1 – April 30, 2024: Public Comment Period on draft 1115 renewal application
- ▶ On or about May 31, 2024: DHCF submits 1115 renewal application to CMS
  - DHCF negotiations with CMS to determine 1115 approval terms and conditions
  - Begin stakeholder engagement around implementation planning

## CY 2025

*(Demonstration Year 6)*

- ▶ Continued stakeholder engagement, implementation planning, and infrastructure investment
  - Develop new HRSN and reentry services specifications
  - Ensure provider capacity and operational readiness to bill Medicaid for new services

## CY 2026

*(Demonstration Year 7)*

- ▶ Begin new HRSN and reentry services



# Resources and Public Comment

The draft 1115 waiver renewal application and other related materials are available on DHCF's website:

<https://dhcf.dc.gov/1115-waiver-initiative>

How do I submit public comment? Public comment can be:



Discussed at public forums *(Please limit comments to 3 minutes)*



Emailed to [dhcf.waiverinitiative@dc.gov](mailto:dhcf.waiverinitiative@dc.gov)



Mailed to DHCF at 441 4<sup>th</sup> Street NW, Suite 900S, Washington, DC 20001

Public comments will be accepted until **6:00 PM on April 30, 2024**