DDS Individual and Family Support (IFS) Waiver

Proposed IDD Waiver Amendment

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Purpose of IFS Waiver

- To develop a more personalized Medicaid services waiver program that supports families and will be designed to better allow persons to remain in the familial home.
- The IFS waiver will support people to live independently or with their families in the community for as long as possible.
- The IFS waiver also offers greater flexibility and more opportunities for self-direction and reduce the risk of institutionalization. Self-direction will be offered in CY 2021. The IFS waiver is an ideal service and supports option for people with developmental disabilities.
- The IFS waiver offers the option for post-secondary education.
Brief Description

• The IFS Waiver will offer a full range of health and clinical services necessary to help persons with complex support needs and their families to choose an alternative to institutional service that promotes community inclusion and independence by enhancing and not replacing existing informal networks.

• Capped at $75,000 per person, per ISP year.

• For people residing in their natural home.

• Residential supports and services will not be included in the IFS waiver.
Services

The nineteen (19) IFS Waiver services will include:

1. Assistive Technology
2. Behavioral Supports
3. Companion
4. Creative Arts Therapies
5. Day Habilitation
6. Employment Readiness
7. Family Training
8. Individualized Day Supports
9. In-Home Supports
10. Parenting Supports
11. Personal Care
12. Physical Therapy
13. Respite
14. Skilled Nursing
15. Speech, Hearing and Language
16. Supported Employment
17. Occupational Therapy
18. Wellness
19. Education Supports (NEW)
Education Supports (NEW)

• The new service, Education Supports Services, will consist of education (i.e. tuition for adult post-secondary classes) and related services as defined in Sections (22) and (25) of the Individuals with Disabilities Education Act (IDEA) to the extent that they are not available under a program funded by IDEA or available for funding by the Rehabilitation Services Administration (RSA).

• Education supports services shall be delivered in the District of Columbia, Maryland, and Virginia within a twenty-five (25) mile radius of the Washington, DC.
Education supports services include:

1. Tuition and general fees for adult post-secondary classes;
2. On-campus peer supports that are designed to enable the person to function with greater independence,
3. Post-secondary education, and be integrated in the community;
4. Communication classes for a person who is deaf or hard of hearing; and adult education or tutoring for reading or math instruction.
Education Supports (NEW)

• May not exceed reimbursement of either $35,000 toward tuition or one hundred twenty (120) credit hours for post-secondary education in the person’s lifetime; and

• May not exceed $5,000 per semester of on-campus peer support for a person taking at least six (6) credit hours of classes per semester.

• On-campus peer support cannot be reimbursed through education supports services when the person takes fewer than six (6) credit hours of classes per semester.)
Proposed Changes to IDD Waiver
Based on review of IDD waiver service utilization, the District is proposing changes to eight (8) IDD waiver services (i.e. Assistive Technology, Day Habilitation, Employment Readiness, Host Home without Transportation, Residential Habilitation, Respite, Supported Living, and Wellness Services) to align their scope with actual persons need and encourage the use of natural supports in lieu of paid services.
Proposed Changes – 3 Types

1. Changes to the amount, duration and scope of several services

2. Systemic changes that relate to systems improvements, including the new DDS Developmental Disabilities Administration (DDA) Formal Complaint System

3. Reimbursement rate changes to comply with the District Universal Paid Leave Act and the Living Wage Act.
Proposed Service Changes: Day Services

The District is proposing the following service limitations to better promote community integration and ensure appropriate utilization of facility-based services:

• **Day Habilitation**: Adding restriction no authorized increase in the number of facility-based settings for current or new providers. (except for small group day habilitation)

• **Employment Readiness**: Adding restriction no authorized increase in the number of facility-based settings for current or new providers.
Proposed Service Changes: Residential Services

The District believes there is sufficient capacity of facility-based providers to meet the needs of IDD waiver participants for the services outlined and wants to discourage potential overreliance on facility-based placements for people who are able to receive services in less restrictive, more integrated settings. Proposed changes include:

- **Host Home**: Modify requirement to add that this service is for people who have limited informal supports + assessed need and would benefit from being in a family environment.

- **Supported Living**: Adding restriction for no new homes unless determined essential by DDA Deputy Director.

- **Residential Habilitation**: Adding restriction for no new residential habilitation homes.

- **Respite**: Modify to add that respite cannot be offered in an ICF; and cannot be offered in a residential habilitation setting, if that would cause the setting to be greater than 4 people in the home.
Proposed Service Changes: Assistive Technology

In the interest of increasing flexibility for people utilizing the service and to allow residential providers to assist with purchasing needed equipment, the District is proposing the following changes to the Assistive Technology Service:

- **Assistive Technology**: Amend provider qualifications by adding all Residential providers to automatically be enrolled as Assistive Tech providers.
Proposed Service Changes: Wellness Services

The District is proposing the following changes to Wellness services to promote the use of natural supports and ensure appropriate service utilization/delivery:

- **Massage:** Limit to 52hrs per ISP year (down from 100hrs per ISP year) with extension to 100hrs per ISP year with approval by DDA Deputy Director based upon assessed medical or clinical need (e.g. someone with Cerebral Palsy who have severe contractures and would benefit from massage therapy).

- **Sexual Education:** Limit to 52hrs per ISP year, down from 100hrs per ISP year.
Proposed Service Changes: Wellness Services (Cont’d)

- **Fitness**: Limit to 52hrs/year for people who use Host Home, Supported Living, Supported Living with Transportation, Residential Habilitation, or In Home Supports, or who otherwise have natural supports available who can help the person practice the skills they learn in fitness and achieve their fitness goals.

  - Authorize up to 104hrs/ year for people who live in natural homes, without In Home Supports, and who do not have such natural supports available (for example, people who live with aging parents).
Proposed Service Changes: Wellness Services (Cont’d.)

- **Nutrition**: Limit to 26hrs per year + add a requirement that the person have natural or paid supports who can help them implement the learning and nutrition goals outside of the time with the nutritionist.

  The District will not cover or reimburse for additional hours unless approval is given by DDA Deputy Director based upon assessed medical/clinical need.
The District is proposing the following changes and systems improvements to comply with statutory requirements, increase opportunity for people to communicate grievances, and clarify roles and responsibilities with regard to the reporting and review of unmet needs, allegations of abuse or neglect, and findings of deficiency:

- **Appendix F-** The inclusion of the new DDA Formal Complaint System, a grievance system where people receiving DDA supports or services may file formal complaint.
Proposed Systemic Changes

- **Appendix G** - Updating language to offer other means of communication by Service Coordinator for follow-up to SRI’s. The Service Coordinator is responsible for follow-up regarding health and safety or unmet needs by telephone or email within two (2) business days of acceptance by the IRC of an SRI excluding a death.
  - Updating 72 hours to 3 business days for SRIs involving an allegation of abuse or neglect or a serious physical injury, the IMEU investigator conducts an in-person visit within three business days of assignment or by 5 p.m. the day following a weekend or holiday, unless waived by the supervisory investigator.

- **Appendix H** - a. Systems Improvements. i. Changing language from “issues” identified to “findings” identified. DDS will continue to review the reports from DC Health and analyze the data of the reports, but will not assign issues/sanctions – unless persons are in immediate jeopardy.
Proposed Reimbursement Changes

Finally, the District is proposing the following updates to the reimbursement and rate methodology included in Appendix I to incorporate following rate reimbursement and methodology changes include the following:

- **Appendix I**- Language modification to Include Universal Paid Leave Act language (UPLA) and the new living wage rate. No changes in the rate methodology.
Written Comments on the proposed IDD Waiver amendment and NEW IFS waiver shall be submitted to: Leisha Gray, Director, Long Term Care Administration, Department of Health Care Finance, 441 4th Street, NW, Suite 900S, Washington, D.C. 20001, or via email at dhcfpubliccomments@dc.gov during the thirty (30) calendar day public comment period, beginning June 12, 2020 and ending July 13, 2020.