

c. **Preventive services**: Preventative Services must be prior approved.

I. **Doula services** are provided throughout the perinatal period, childbirth, and the postpartum period. Doulas provide support to the birthing parent throughout the pregnancy and postpartum periods to improve maternal health outcomes.

During the perinatal, birthing period, and up to six (6) weeks after delivery, services include:

1. Perinatal counseling and education, including infant care, to prevent adverse outcomes.
2. Labor support and attendance at delivery, including the development of a birth plan.
3. Coordination with community-based services, to improve beneficiary outcomes.
4. Other nonclinical activities to support the beneficiary, consistent with District law.

During the postpartum period, services include:

1. Visits to provide basic infant care
2. Accompanying the beneficiary to a clinician visit
3. Lactation support
4. Emotional and physical support
5. Selfcare
6. Other nonclinical activities to support the beneficiary, consistent with District law.

Limits: Doula services are limited to a total of twelve (12) visits across the perinatal, childbirth, and postpartum periods.

14. Services for Individuals Age 65 or Older in Institutions for Mental Diseases

- a. Inpatient hospital services are limited to services certified as medically necessary by the Peer Review Organization.
- b. Skilled nursing facility services are limited to services certified as medically necessary by the Peer Review Organization.
- c. Intermediate care facility services are limited to services certified as medically necessary by the Peer Review Organization.

15. Intermediate Care Facility Services

- a. Intermediate Care Facility Services (other than such services in an institution for mental diseases) for persons

determined in accordance with section 1902(a)(31)(a) of the Act, to be in need of such care are provided with no limitations.

- b. Including such services in a public institution (or distinct part thereof) for the mentally retarded or persons with related conditions are provided with no limitations.

- 16. Inpatient Psychiatric Facility Services for individuals under 22 years of age are provided with no limitations.